



FOOD SUPPLEMENTS  
and more...







# VEGAS VITAL

## **YOUR WELL-BEING IS OUR PRIORITY**

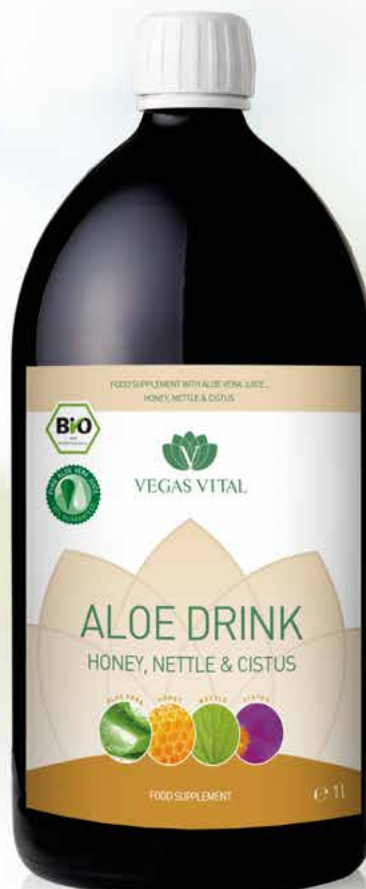
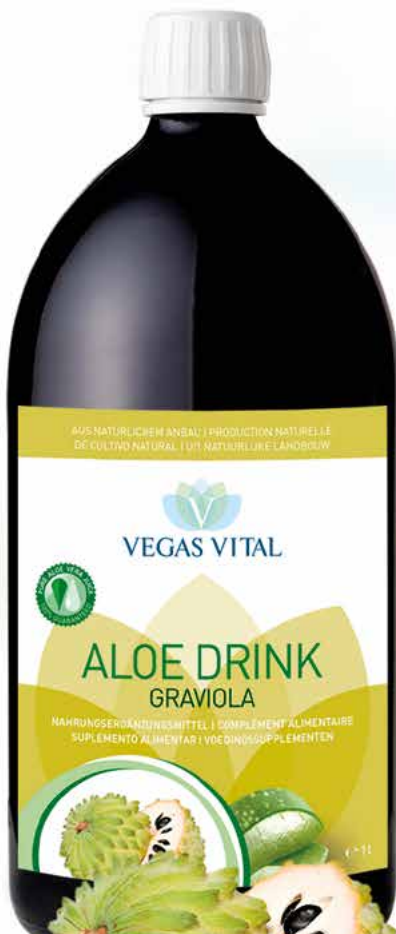
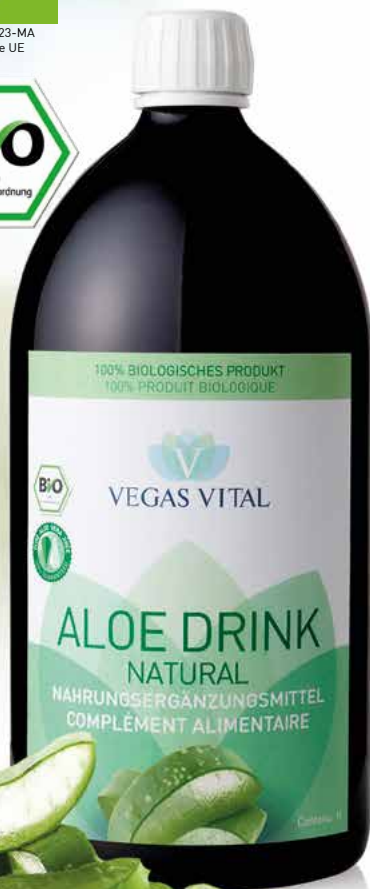
Vegas Vital has developed a nutritional supplement concept, providing our customers with vitamins, minerals and fiber as well as other essential nutrients.

Even when we try our very best to live a healthy lifestyle based on wholesome nutrition, which should always be the goal, we often fail in our efforts due to time constraints and stressful circumstances. Too often, this dilemma results in reverting back to a diet created out of a need for convenience but with hardly any nutritional value at all. This is why Vegas Vital is like a best friend, supportive, and ready to help compensate for potential deficiencies.





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# ALOE DRINK

## THE NEW DIMENSION FOR YOUR WELL-BEING

Vegas Vital features three Aloe Vera juices that are obtained exclusively from the organic and ecologically grown Aloe Barbadensis Miller plants in Spain, being also produced in Spain by means of a patented and controlled transformation process. As a result of its 100% organic growing process, the Ministry of Agriculture, which is the entity responsible for quality control, has awarded a numbered Quality Assurance label, which can be found on each of these bottles.

Unlike most Aloe Vera juices made from powdered extracts, our product is obtained entirely from the plant's fresh pulp. Thanks to certified organic growing and the transformation within 24 hours after harvesting, our Aloe Drinks ensure a high content of polysaccharides, acemannan, aloe vera and are completely aloe-free.

In addition to the Aloe Drink Natural, that contains 99.98% of Aloe Barbadensis Miller, we also suggest the Aloe Drink Honey with 13.5% of pure bee honey. To complement these perfect combinations of Aloe Vera, we have combined the antioxidant power of Graviola (Annona muricata), a plant native to America and Tropical Africa. For many centuries, aboriginal people have used Graviola as a dietary supplement and for its similarities to the countless properties of Aloe Vera.

Several scientific studies, all over the world, prove the valuable properties of Graviola, and there are also countless literatures on this subject. Using this knowledge as a basis, we have developed our Aloe Drink Graviola, which result is a valuable and exceptional product.

- EXCLUSIVELY EUROPEAN GROWING AND TRANSFORMATION WITH EU CERTIFICATION
- FREE OF FOOD COLOURINGS AND ALOIN
- ECOLOGICAL AND ORGANIC GROWING, CERTIFIED WITH THE "BIO" LABEL



RECOMMENDED DAILY DOSE  
3 x 30 ml daily

### ALOE DRINK HONEY - BIO

INGREDIENTS	DAILY DOSE	% NRV*
Aloe barbadensis Miller	75,52 g	**
Honey	13,5 g	**
Nettle	0,9 g	**
Cistus	0,9 g	**

### ALOE DRINK NATURAL - BIO

INGREDIENTS	DAILY DOSE	% NRV*
Aloe Barbadensis Miller	89.82 g	**

### ALOE DRINK GRAVIOLA

INGREDIENTS	DAILY DOSE	% NRV*
Aloe Barbadensis Miller	67.28 g	**
Graviola	22.5 g	**

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011  
\*\*There are no nutrient reference values (NRV)

82,8% ALOE BARBADENSIS MILLER,  
13,5% MEL PURO DE ABELHAS  
100% BIOLÓGICO

REF. 5002 | 1 l

Aloe Drink Honey | *Pack of 6*  
REF. 5003 | 6 x 1 l

Buy 6  
Pay for 5

99.8% ALOE BARBADENSIS MILLER,  
100% ORGANIC  
REF. 5000 | 1 l

Aloe Drink Natural | *Pack of 6*  
REF. 5001 | 6 x 1 l

Buy 6  
Pay for 5

74.75% ALOE BARBADENSIS MILLER,  
25% GRAVIOLA (ANNONA MURICATA)  
REF. 5020 | 1 l

Aloe Drink Graviola | *Pack of 6*  
REF. 5021 | 6 x 1 l

Buy 6  
Pay for 5



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#### ALOE DRINK - ENERGY BOOST

REF. 5034 | 6 x 90 ml

#### ALOE DRINK - ENERGY BOOST | PACK OF 3

REF. 5035 | 18 x 90 ml  
(SPECIAL PRICE)



**RECOMMENDED DAILY DOSE:**  
90 ML DAILY



# ALOE DRINK ENERGY BOOST

## THE POWER OF PLANTS

It is known that energy drinks are being used as psychological and physical energy enhancers. For this reason, and adding the fact that, in this era, so much is said about this type of product, Vegas Vital has developed a unique and exclusive food supplement, patented and 100% natural, that is a source of energy and well-being for everyday life.

Aloe Drink Energy Boost is the healthiest alternative, as it is composed of natural ingredients from organic growing and transformation.

Your energy drink, 100% natural and 100% organic, with EU certification.

#### NUTRITIONAL VALUES

#### PER 100 ML

Energy value	475,67 kJ   112.64 kcal
Fat	1,70 g
of which saturates	0,27 g
Carbohydrates	16,73 g
of which sugars	2,89 g
Dietary fibre	1,83 g
Protein	6,68 g
Salt	0,02 g

#### INGREDIENTS

#### DAILY DOSE

#### %NRV\*

BIO Aloe Vera (Aloe Barbadensis Miller)	68,4 g	**
BIO Agave (Agave tequilana F.A.C. Weber)	18,0 g	**
BIO Guarana (Paullinia Cupana)	1,08 g	**
BIO Acai (Euterpe oleracea)	1,08 g	**
BIO Maca (Lepidium meyenii)	0,9 g	**

\*NRV = Percentage of the Nutrient Reference Value, according to Regulation (EU) 1169/2011.

\*\* = Reference not established (NRV) | Store tightly sealed in a cool, dry place.



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#### Vitamina D3 + K2

RECOMMENDED DAILY DOSE for 1 month  
REF. 5040 | 30 ml

#### Vitamina D3 + K2 | PACK OF 3

RECOMMENDED DAILY DOSE for 3 months  
REF. 5041 | 3 x 30 ml  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
Take 10 drops (0,5 ml) a day, preferably in the morning.

## HEMP OIL WITH VITAMIN D3 AND K2

### THE PERFECT COMBINATION

Hemp Oil is rich in antioxidants and essential fatty acids like Omega 3 and Omega 6 in a ratio of 1:4 which is considered the ideal ration of these two acids.

Vegas Vital Hemp Oil is 100% organically grown and processed. The plant is cold extracted to preserve all the valuable nutrients.

#### Vitamin D3

Vitamin D3 contributes to the normal functioning of the muscles and immune system. It supports the normal absorption of calcium and phosphorus in the body and preserves bones and normal blood clotting.

#### A powerful combination:

The combination of Vitamin D3 and K2 ensures that calcium is absorbed well and efficiently into the bones instead of being lodged in the arteries. Vitamin D3 helps to maintain normal calcium levels and Vitamin K2 enables the desired results to be achieved more quickly.

Hemp Oil with Vitamin D3 and K2 is the perfect combination to support bone health and contribute to the normal function of the muscular function and cardiovascular system.

INGREDIENTS	DAILY DOSE	%NRV*
Hemp oil (Cannabis sativa L.)	0,49 ml	**
Vitamin K2 (Menachinon-7)	75 µg	100%
Vitamin D3 (Colecalciferol)	25µg – 1000 IU	500%

\*NRV = Percentage of the Nutrient Reference Value, according to Regulation (EU) 1169/2011.

\*\* = Reference not established [NRV] | Store tightly sealed in a cool, dry place.



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#### Q10 & OMEGA-3



RECOMMENDED DAILY DOSE for 1 month  
REF. 5024 | 60 capsules

#### Q10 & OMEGA-3 | PACK OF 3



RECOMMENDED DAILY DOSE for 3 months  
REF. 5025 | 3 x 60 capsules  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
2 CAPSULES DAILY

# Q10 & OMEGA-3

## COENZYME Q10 COMBINED WITH OMEGA-3

Coenzyme Q10 is a fat-soluble substance, which is also produced by our body. Besides that, it plays an important role in our well-being. Omega-3 are unsaturated fatty acids, which belong to the group of essential nutrients and are considered equally important and beneficial to our body. At Vegas Vital, Omega-3 fatty acids are obtained from flaxseed oil.

With our Vegas Vital Q10 & Omega-3 product, we have created the perfect ally for a healthy and balanced diet.

🌿 MAINTENANCE OF NORMAL BLOOD CHOLESTEROL LEVELS<sup>1</sup>

<sup>1</sup> Alpha-linolenic acid (Omega-3)

**WARNING: NOT SUITABLE FOR CHILDREN OR YOUNG PEOPLE UNDER 18, OR PREGNANT OR BREASTFEEDING WOMEN.**

#### INGREDIENTS

#### DAILY DOSE

#### %NRV\*

Vegetable Oil powder  
- of which alpha-linolenic acid  
(Omega-3 fatty acid)  
Coenzyme Q10

833 mg

\*\*

225 mg

\*\*

100 mg

\*\*

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011  
\*\*There are no nutrient reference values (NRV)



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#### CURCUMA PROTECT



RECOMMENDED DAILY DOSE for 1 month  
REF. 5022 | 60 capsules

#### CURCUMA PROTECT | PACK OF 3



RECOMMENDED DAILY DOSE for 3 months  
REF. 5023 | 3 x 60 capsules  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
2 CAPSULES DAILY

## CURCUMA PROTECT

### WITH THE VALUABLE CURCUMA LONGA

Curcuma Longa, also known as "turmeric" or "yellow ginger", has been cultivated in India and other tropical countries for centuries.

Similar to ginger, its rhizome forms lateral roots in the subsoil and leaves with flowers on the surface. This plant grows best in humid and warm areas.

In order to obtain "Curcumin", it is used the rhizome part of the plant, which, after being dried, is ground into powder.

- 🌿 CONTRIBUTES TO A NORMAL ENERGY METABOLISM<sup>1</sup>
- 🌿 SUPPORTS THE NORMAL FUNCTIONING OF THE IMMUNE SYSTEM<sup>1</sup>
- 🌿 CONTRIBUTES TO THE REGULATION OF HORMONAL ACTIVITY<sup>1</sup>
- 🌿 CONTRIBUTES TO THE PRESERVATION OF NORMAL SKIN<sup>2</sup>
- 🌿 CONTRIBUTES TO THE MAINTENANCE OF NORMAL VISION<sup>2</sup>
- 🌿 SUPPORTS THE PROTECTION OF CELLS AGAINST OXIDATIVE STRESS<sup>2</sup>
- 🌿 CONTRIBUTES TO THE REDUCTION OF WEARINESS AND FATIGUE<sup>2</sup>

<sup>1</sup>Vitamin B6 | <sup>2</sup>Riboflavin (Vitamin B2)

#### INGREDIENTS

#### DAILY DOSE

#### % NRV\*

Turmeric Root in  
powder

1000 mg

\*\*

Vitamin B6

3,3 mg

236

Vitamin B1

2,9 mg

264

Vitamin B2

2,8 mg

200

Black Pepper Extract  
-of which piperine

2,0 mg

\*\*

1,9 mg

\*\*

\*NRV = Percentage of the recommended daily dose, according to Regulation [EU] No. 1169/2011

\*\*There are no nutrient reference values (NRV)



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### ACTIVE BALANCE



RECOMMENDED DAILY DOSE for 1 month

REF. 5028 | 180 Tablets

### ACTIVE BALANCE | PACK OF 3



RECOMMENDED DAILY DOSE for 3 months

REF. 5029 | 180 Tablets

(SPECIAL PRICE)



RECOMMENDED DAILY DOSE:  
CHEW 6 TABLETS DAILY

# ACTIVE BALANCE

## FOR THE BALANCE WITHIN YOUR BODY\*\*\*

Vegas Vital has developed Active Balance, containing high levels of alkaline minerals and valuable active ingredients, specially selected, which can support the body's acid-base balance, among other advantages. With this product, we seek to contribute to your well-being and comfort.

- ☪ CONTRIBUTES TO THE MAINTENANCE OF BALANCED BLOOD SUGAR LEVEL<sup>1</sup>
- ☪ SUPPORTS NORMAL MUSCLE FUNCTIONS<sup>2</sup>
- ☪ SUPPORTS THE PROTECTION OF CELLS AGAINST OXIDATIVE STRESS<sup>3, 4, 5</sup>
- ☪ CONTRIBUTES TO THE REDUCTION OF WEARINESS AND FATIGUE<sup>6</sup>
- ☪ SUPPORTS THE NORMAL FUNCTIONING OF THE IMMUNE SYSTEM<sup>8</sup>
- ☪ CONTRIBUTES TO A NORMAL ACID-BASE METABOLISM<sup>7\*\*\*</sup>
- ☪ DOES NOT CONTAIN CARBONATES

<sup>1</sup>Chromium | <sup>2</sup>Potassium | <sup>3</sup>Copper | <sup>4</sup>Manganese | <sup>5</sup>Selenium | <sup>6</sup>Magnesium  
<sup>7</sup>Zinc <sup>8</sup>Vitamin C

INGREDIENTS	DAILY DOSE	% NRV*
Potassium	1000 mg	50
Magnesium	149,2 mg	39,8
Calcium	301 mg	37,6
Bitter orange extract	150 mg	**
of which bioflavonoids	90 mg	**
Sodium	30 mg	**
Zinc	7,2 mg	72
Vitamin C	50 mg	62,6
Molybdenum	50 µg	100
Selenium	30 µg	54,6
Manganese	1 mg	50
Vitamin D	5 µg	100,2
Copper	450 µg	45
Vitamin B6	0,6 mg	42,9
Chromium	30 µg	75

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011

\*\*There are no nutrient reference values (NRV)



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#### CISTUS INCANUS | CAPSULES



RECOMMENDED DAILY DOSE for 1 month  
REF. 5014 | 60 Capsules

#### CISTUS INCANUS | CAPSULES | PACK OF 3



RECOMMENDED DAILY DOSE for 3 months  
REF. 5015 | 3 x 60 capsules  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
2 CAPSULES DAILY

# CISTUS INCANUS

## CISTUS INCANUS CAPSULES WITH VITAMIN E

This plant, also known as “Rockrose” or “Cystus” usually grows in southern Europe, mainly in the Greek Peninsula “Chalkidiki”. The subspecies “Cistus Incanus ssp. Tauricus” is considered to be one of the most polyphenols-rich plants in Europe, Thus, offering a natural anti-aging and antioxidant effect.

The centuries-old habits of drinking teas and infusions made from this plant clearly prove its value for human well-being. “Cistus Incanus spp. Tauricus” has also been recognised as the “European Plant of the Year” in 1999.

💖 SUPPORTS THE PROTECTION OF CELLS AGAINST OXIDATIVE STRESS<sup>1</sup>

<sup>1</sup>Vitamin E, contained in the capsules.

INGREDIENTS (Capsules)	DAILY DOSE	% NRV*
Cistus Incanus Vitamin E	818,5 mg 24 mg	** 200

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011  
\*\*There are no nutrient reference values (NRV)





## HYALURON



RECOMMENDED DAILY DOSE for 1 month  
REF. 5004 | 60 capsules

## HYALURON | PACK OF 3



RECOMMENDED DAILY DOSE for 3 months  
REF. 5005 | 3 x 60 capsules  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
2 CAPSULES DAILY

# HYALURON

## WITH VEGETABLE EXTRACTS, HYALURONIC ACID, GREEN-LIPPED MUSSEL & MSM

Hyaluronic acid is a natural substance that is present in our body. It is mostly produced in fibroblasts and in specific cells of the connective tissue.

From a chemical point of view, the hyaluronic acid is composed of a chain of sugar molecules, also known as glycosaminoglycans. A large part of the hyaluronic acid can be found in the skin, however, due to its water retention characteristics, it is also present in the synovial fluid of the joints.

Vegas' hyaluronic acid is obtained through a patented vegetable fermentation process. This process ensures excellent absorption of hyaluronic molecules by our body and total exemption of substances of animal origin.

INGREDIENTS	DAILY DOSE	% NRV*
Pomegranate seed powder	600 mg	**
Sodium hyaluronate	100 mg	**
-of which hyaluronic acid	90 mg	**
Methylsulfonylmethane	100 mg	**
Green-lipped mussel powder	100 mg	**

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011  
\*\*There are no nutrient reference values (NRV)

### THE ACTIVE INGREDIENT MSM:

MSM is the organic form of sulphur (methylsulfonylmethane), which is easily absorbed by the body and usually present in fresh fruits and vegetables, as well as in meat and seafood. Sulphur is also involved in the production of Enzymes, Antibodies, Amino acids and Glutathione (Antioxidant).

### THE ACTIVE INGREDIENT EXTRACT OF GREEN-LIPPED MUSSEL:

The green-lipped mussel contains Glycosaminoglycans (long-chain polysaccharides), that are also present in the synovial fluid of the joints - assuming part of this function. It plays an equally important role in the preservation of cartilage and joints. In hyaluronic acid it works as a "organic lubricant".



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### COLOSTRUM PRO



RECOMMENDED DAILY DOSE for 1 month  
REF. 5006 | 60 capsules

### COLOSTRUM PRO | PACK OF 3



RECOMMENDED DAILY DOSE for 3 months  
REF. 5007 | 3 x 60 capsules  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
2 CAPSULES DAILY

# COLOSTRUM PRO!

FOR THE PHYSICAL AND MENTAL WELL-BEING\*\*\*

Vegas Vital's Colostrum Pro! combines the valuable Vitamin B complex with colostrum (colloquially known as "first milk"), which exists only in cow's milk in the first 24 to 72 hours after calves are born.

The Vitamin B complex contained in Colostrum Pro! supports the normal function of the nervous system, the reduction of weariness and fatigue and contributes to a normal energy metabolism by means of Vitamin B6. Vitamin B2 supports the protection of cells against oxidative stress, whereas Vitamin B12 plays a key role in cell division. Vitamin B5 (pantothenic acid) contributes to a normal mental function.

The valuable effects of this product are particularly appreciated by highly mentally and physically active people, who need a high level of concentration ability and mental endurance in their daily routine.

- 🌿 SUPPORTS THE ENERGY METABOLISM<sup>1,3\*\*\*</sup>
- 🌿 SUPPORTS THE NORMAL FUNCTION OF THE NERVOUS SYSTEM<sup>3\*\*\*</sup>
- 🌿 SUPPORTS THE PROTECTION OF CELLS AGAINST OXIDATIVE STRESS<sup>1\*\*\*</sup>
- 🌿 CONTRIBUTES TO THE REDUCTION OF WEARINESS AND FATIGUE<sup>1,3\*\*\*</sup>
- 🌿 CONTRIBUTES TO A BALANCED MENTAL FUNCTION<sup>4\*\*\*</sup>

<sup>1</sup>Riboflavin (Vitamin B2) | <sup>2</sup>Pantothenic acid (Vitamin B5) | <sup>3</sup>Vitamin B6  
<sup>4</sup>Vitamin B12

INGREDIENTS	DAILY DOSE	%NRV*
Skimmed bovine colostrum powder	800 mg	**
-of which immunoglobulins	160 mg	**
wild garlic herb powder	200 mg	**
Chinese hawthorn berry powder	200 mg	**
Niacin (mg NE)	54 mg	337,5
Panhotenic acid	11,7 mg	195
Vitamin B6	2,8 mg	200
Vitamin B1	2,3 mg	209
Vitamin B2	2,8 mg	200
Vitamin B12	2,5 µg	100
Folic acid	600 µg	300

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# PROBIOTIC ALOE

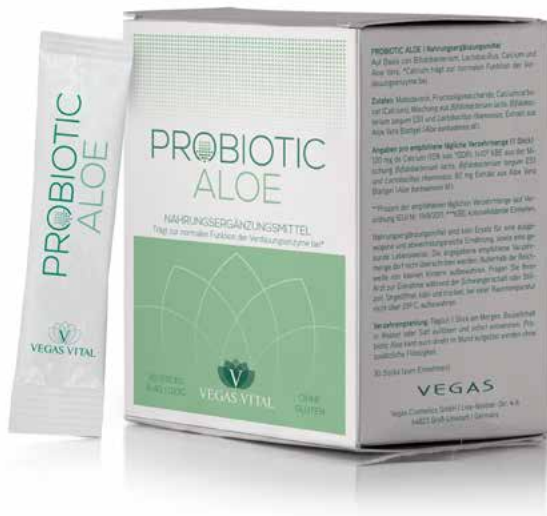
## A GREAT ALLY IN THE DIGESTIVE PROCESS

Probiotics\* are microorganisms that are essential for intestinal health. The digestive tract is loaded with bacteria that are fundamental to our health and its proper functioning depends on the harmony between beneficial and harmful bacteria.

Vegas Vital's Probiotic Aloe offers you a thorough blend of bacterial strains composed of *Bifidobacterium lactis*, *Lactobacillus rhamnosus* and *Bifidobacterium longum* ES1\*\*.

This valuable blend combined with the power of calcium and natural Aloe Vera turns this supplement into a great ally in the maintenance of intestinal flora and food digestion, supporting the absorption of nutrients<sup>1</sup>.

\*The World Health Organization defines probiotics as "live microorganisms which when administered in adequate amounts confer a health benefit on the host" (FAO/WHO, 2001). \*\*Clinical study in patients with celiac disease, conducted at the Hospital Sant Joan de Déu Barcelona



### PROBIOTIC ALOE

RECOMMENDED DAILY DOSE for 1 month  
REF. 5030 | 30 Sticks

### PROBIOTIC ALOE | PACK OF 3

RECOMMENDED DAILY DOSE for 3 Months  
REF. 5031 | 3 x 30 Sticks  
(SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
1 STICK 1 X DAILY

A food supplement in a practical format of individual sticks that can be consumed directly or diluted in water.

CONTRIBUTES TO THE NORMAL FUNCTIONING OF DIGESTIVE ENZYMES<sup>1</sup>

<sup>1</sup>Calcium

**WARNING: NOT RECOMMENDED DURING PREGNANCY!**

INGREDIENTS	DAILY DOSE	% NRV*
Calcium	120 mg	15%
Blend of <i>Bifidobacterium lactis</i> , <i>Lactobacillus rhamnosus</i> and <i>Bifidobacterium longum</i> ES1	100 mg	**
Aloe Vera extract	80 mg	**
Fructooligosaccharide	500 mg	**

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011

\*\*There are no nutrient reference values (NRV)



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# L-CARNITIN PERFECT BODY

## BASED ON L-CARNITINE AND GUARANA

L-Carnitin Perfect Body is a food supplement that contributes to weight loss by combining the ingredients L-Carnitine and Guarana.

Guarana stimulates lipid degradation and helps reduce fluid retention in our body, thus facilitating weight loss, when combined with a hypocaloric diet.

L-carnitine plays an important role in our metabolism, since it activates fat-burning and reduces the fatty acid storage.

- 🍷 HELPS WITH WEIGHT LOSS<sup>1</sup>
- 🍷 STIMULATES LIPID DEGRADATION AND HELPS REDUCE FLUID RETENTION<sup>1</sup>
- 🍷 FACILITATES WEIGHT LOSS WHEN COMBINED WITH A HYPOCALORIC DIET<sup>1</sup>

<sup>1</sup>Guarana

**WARNINGS: NOT RECOMMENDED FOR CHILDREN OR PREGNANT OR BREASTFEEDING WOMEN.**

INGREDIENTS	DAILY DOSE	% NRV*
L-Carnitine L-Tartrate	3,000 mg	**
Pineapple juice powder (Ananas comosus L.)	324 mg	**
GuaranaSeed extract (Paullinia cupana L.)	250 mg	**

\*NRV = Percentage of the recommended daily dose, according to Regulation (EU) No. 1169/2011  
 \*\*There are no nutrient reference values (NRV)



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### L-CARNITIN PERFECT BODY

RECOMMENDED DAILY DOSE for 15 days  
 REF. 5032 | 30 Vials

### L-CARNITIN PERFECT BODY | Pack of 3

RECOMMENDED DAILY DOSE for 45 days  
 REF. 5033 | 3 x 30 Vials  
 (SPECIAL PRICE)



RECOMMENDED DAILY DOSE  
 TAKE 2 VIALS PER DAY

A food supplement in vials, with a pleasant pineapple flavour, that can be consumed directly or diluted in water.



**THERMAL BAG  
 REF. 5904**

Use it to keep your food at the right temperature at all times. Carry your favourite food supplements. 20 x 16 x 22 cm





#### RELAX SLEEP SPRAY

RECOMMENDED DAILY DOSE for 1 month  
REF. 5038 | 30 ml

#### RELAX SLEEP SPRAY | 3er PACK

RECOMMENDED DAILY DOSE FOR 3 MONTHS  
REF. 5039 | 3 X 30 ML  
(SPECIAL PRICE)



#### RECOMMENDED DAILY DOSE

Shake softly before use. Daily, spray 8 times (amounts 1ml) into your mouth, 30 minutes before sleeping.

# RELAX SLEEP SPRAY

## SLEEPING SPRAY\*

WITH MELATONIN, PLANT EXTRACTS,  
AND L-TRYPTOPHAN.

Relax Sleep Spray is sprayed into the mouth. Melatonin is a natural ingredient that helps reduce sleep time. 30 minutes before sleeping, spray 1mg of melatonin (corresponds to 8 sprays) into your mouth. Melatonin also helps reducing jet lag.

The active ingredient melatonin is very well absorbed through the oral mucosa. Valuable plant extracts and L-tryptophan complete this combination of high quality active ingredients and offers a relaxing sleep effect.

Relax Sleep Spray can also be used after brushing your teeth as no sugar is used.

🌿 \*MELATONIN HELPS TO REDUCE SLEEP TIME

🌿 \*MELATONIN HELPS RELIEVE JET LAG SENSATION

\*Melatonin contributes to the reduction of time taken to fall asleep. You need to consume 1 mg of Melatonin for this effect to take place. With taste of Vanilla cream.

**WARNINGS AND RECOMMENDATIONS:** NOT RECOMMENDED FOR PREGNANT/NURSING WOMEN, SMALL CHILDREN AND YOUNG PEOPLE. DO NOT TAKE IMMEDIATELY BEFORE DRIVING OR A WORKING DAY.

INGREDIENTS	DAILY DOSE	% NRV**
Lavender flower extract	1 mg	***
Melatonin	1 mg	***
Ashwagandha root extract	1 mg	***
of which Withanolides	2,5 µg	***
Hop flower extract	1 mg	***
Vitamin B1	0,16 mg	15%
Vitamin B6	0,21 mg	15%
L-Tryptophan	0,3 mg	***

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\*\*There are no nutrient reference values (NRV)



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# VEGAS



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